



Notes in Motion

inspiring the next generation
of dance appreciators





- In-School Dance Residencies
- After-School Dance Programs
- Community Events/Family Programs
- Professional Dance Performance
- Professional Development

an arts vendor of the NYC Department of Education

All programs are custom designed and can serve any grade from 3K-12.

Mission

Amanda Selwyn Dance Theatre/Notes in Motion engages communities in dynamic dance theatre and inclusive arts education programs. Amanda Selwyn Dance Theatre presents dance theatre productions that activate emotional expression. Through an interplay of athletic and articulate motion, we present theatrical and immediate works that engage audiences from start to finish and beckon a response of thought, feeling, and soul. Notes in Motion brings dance education programs to the NYC Public Schools in styles including modern, ballet, tap, jazz, hip hop, Latin, African, and more. Programs are united by our singular approach to dance education, *The Movement Exchange Method*, which combines technical instruction with creative skill-building and collaborative learning. Programs foster self-discovery, risk-taking, and making connections. We aim to provide access to the art form of dance to inspire the next generation of dance appreciators.

Overview

Since 2000, Notes in Motion has brought arts programs to over 150 schools and over 120,000 students in New York City. We have programs in all 5 boroughs and reach diverse student populations from 3K-12. As a vendor of the NYC Department of Education, our programs align with the *Blueprint for Teaching and Learning in Dance*.

Program Description

We create long-lasting arts partnerships with schools and inspire the greater community of each school with the beauty, magic, and vitality of dance. We do not offer any cookie-cutter programs. Each program is custom-tailored to the specific needs and population of each school partner. We work collaboratively with classroom teachers at every stage from program planning, implementation, performance/community sharing, assessment, and evaluation. Our Teaching Artists guide students through a unique creative process, creating connections with other academic subjects and fostering active learning – students are creators, improvisors, and collaborators. We have an Education Ensemble of 60 experienced Teaching Artists with advanced degrees and extensive performance and choreography backgrounds in several dance styles and techniques.

Dance and Movement Styles Offered

Afro-Caribbean, Afro-beats/Afro-fusion, Ballet, Ballroom, Bollywood, Classical Indian Dance, Contemporary Dance, Creative Movement, Dance & Drumming, Hip-Hop, K-Pop, Improvisation, Latin/Social Dance, Modern, Musical Theater, Step/Line Dance, Street Jazz, Tap, West African, Yoga and Meditation

Program Goals

Dance Education	Provide high quality dance instruction that teaches creative movement fundamentals, promotes self-expression and self-esteem, and builds collaborative learning skills.
Collaboration	Design curriculum in conjunction with teachers and administrators that best fits the needs of each grade level and class group. Prepare teachers to be active participants.
Integration	Link residency curriculum to themes and topics students are studying in other academic subjects. Share creative teaching tools, classroom rituals, and follow-up activities with classroom teachers.
Community Building	Create opportunities for parents, guardians, and community members to engage with student arts learning thereby activating the life of the school.

Nuts & Bolts

Students are physically active throughout class sessions practicing improvisation exercises, developing technical skills, working in groups, and creating original dance performances. During all residency sessions, there are opportunities for students to process their learning through class discussion, writing and drawing exercises, and audience feedback sessions. Notes in Motion Teaching Artists provide collaborating classroom teachers with detailed lesson plans and follow-up activities prior to the beginning of all programs.

Notes in Motion five-part program structure:

Warm-up	Students learn technical skills through repeated and progressive exercises in the center and across the floor.
Improvisation	Students physically explore the given class theme through structured and guided activities.
Choreography	Students develop original movement phrases, create group dances, or learn set phrases of choreography.
Performance Prep	Students prepare for a culminating performance event and learn performance skills.
Reflection	Students process their learning through observation, analysis and constructive criticism.

Program Components

Planning Meetings - classroom teachers by grade
10 or more weekly teaching sessions (45 min - 1 hr)
Professional development for classroom teachers
Interim Program Assessment Meetings
Student Performance/Community Sharing Event
Final Assessment Meetings/360° Program Evaluation



Notes in Motion Price List

Notes in Motion offers original, inclusive, and energetic dance education programs for 3K-12th grade, D75, Multi-Language Learners, Students with Disabilities, Community/Family Programs, Performances, and Special Events.

Please note: Notes in Motion is happy to work with your school budget to maximize our offering so that we may build a robust dance education program that best suits the needs of your school community. We also LOVE working with schools to fundraise to off-set program fees, so please ask us how we may work with you to build a rich dance education program for your students.

In-School and After-School Programming

Prices per class group based on 45-60 minute program sessions. We recommend a minimum of 10 sessions per class group including a culminating performance for the greater school community.

- Single class session with 1 Teaching Artist: \$185 (when booking multiple periods/day)
- Single class session with 2 Teaching Artists: \$370 (when booking multiple periods/day)
- Double class session with 1 Teaching Artist: \$370 (1.5-2 hours)
- Single class session: \$200 (when booking single sessions/day)
- 10 session program: \$1,850 (per class group)
- 20 session program: \$3,700 (per class group)

Community Programs and Family Programs

Special Events customized to your community - prices start at \$2,500

- 2 hour Round-Robin Multi-Cultural Dance Workshop
- 90-minute Interactive Performance and Workshop
- Workshop Series for families with culminating performance
- 2 days of program | 90-minute Workshop + Performance Event
- Amanda Selwyn Dance Theatre Professional Performance + Post Show Artist-Talk

Notes in Motion is a Contracted Arts Vendor of the NYC Department of Education. All programs reflect *The Blueprint for Teaching and Learning in the Arts*. Prices include program sessions, detailed curriculum, planning meetings, culminating performances, and program evaluation. Costs are inclusive of all planning, teaching artists fees, residency travel, dance content, materials and supplies, administrative coordination, and vendor's overhead.

LEARN MORE at notesinmotion.org

Contact Alana Urda, Director of Education to customize a program | alana@notesinmotion.org



Booking Form

Notes in Motion



Serving All Five NYC Boroughs and Greater Metro Area Grades 3K-12



School Partnerships

Manhattan: Amistad Dual Language School, Creative Steps Early Care & Education Center, East Village Community School, Goddard Riverside After-School, Manhattan Center for Science and Mathematics, Manhattan Early College School for Advertising, Murry Bergtraum High School, Portfolio School, PS 110, PS 134, PS 15, PS 41, The Earth School, The Brearley School, The Neighborhood School, PS 63 STAR Academy, The Urban Assembly School for the Performing Arts

Brooklyn: Academy for Young Writers, BASIS Independent, Brooklyn Community High School for Excellence and Equity, Brooklyn Independent, Brooklyn School for Music and Theatre, Bushwick Leaders' High School, Cypress Hills Collegiate Preparatory School, District 13 Pre-K Center, Frederick Douglass Academy VIII, Highland Park Community School, IS 171, Liberty Avenue Middle School, MS 890, Multicultural High School, PS 11, PS 24, PS 44, PS 48, PS 93, PS 97, PS 114, PS 124, PS 130, PS 152, PS 153, PS 185, PS 207, PS 208, PS 219, PS 233, PS 235, PS 244, PS 250, PS 274, PS 276, PS 312, PS 315, PS/IS 323, Uncommon Schools Charter High School, Vista Academy

Bronx: Bronx Career & College Preparatory High School, Bronx Charter School for the Arts, Bronx Delta School, Bronx Legacy High, Bronx School for Continuous Learners, Bronx Theatre High School, Collegiate Institute for Math & Science, Fannie Lou Hamer Freedom High School, One World Middle School, PS 28, PS/MS 31, PS 41, PS 53, PS 78, PS 83, PS 96, PS 112, PS 126, PS 163, PS/MS 194, PS 310, PS 311, Riverdale Country School, South Bronx Academy for Applied Media, Walkabout Bronx High School

Queens: Bayside Hills School of Excellence, Cambria Heights Academy, Collaborative Arts Middle School, Corona Arts & Sciences Academy, District 27 Pre-K Center, East-West School of International Studies, Flushing International High School, IS 93, IS 237, IS 5, JHS 189, Martin Van Buren High School, PS 2, PS 9, PS 15, PS 29, PS 46, PS 56, PS 63, PS 82, PS 89, PS 115, PS 129, PS 133, PS 177, D75, PS 182, PS 186, PS 193, PS 199, PS 211, PS 223, PS 253, PS 290, PS 330, PS 376, PS/IS 499, Rockaway Park High School for Environmental Sustainability The Children's Lab School, Queens School of Inquiry, Young Women's Leadership School

Staten Island: IS 49, PS 13, PS 26 **Long Island:** Long Island High School of the Arts



Program Assessment and Evaluation

Our programs are assessed through a 360-degree approach which include surveys from parents, teachers, and students; interviews with students; skill tests; journal writing; word walls; video/photo documentation; drawings; and interactive culminating events that include the entire school community. Notes in Motion Artistic/Executive Director and Director of Education regularly observe teaching artists in the classroom and meet with them to discuss their progress. Teaching Artists complete a journal log for each session documenting work of the students, success of the curriculum, and challenges encountered along the way.

Student Testimonials

"The program taught me that there are other ways to express yourself and show how you feel." – *PS 89, Queens*

"Through dancee I got to know myself better and stepped out of my comfort zone."
– *Brooklyn School for Music & Theatre, Brooklyn*

Teacher Testimonials

"The students had a lot of pride in their dance and they were able to see how practice improves performance. Throughout the dance residency, students were becoming more comfortable taking risks and trying new things." – *PS 63 STAR Academy, Manhattan*

"The program promoted collaboration, understanding, and confidence. It also promoted diversity. Student writing became more creative as they learned new dance concepts. For instance, students were able to create more visual descriptions." – *PS 78, Bronx*

Parent/Guardian Testimonials

"Notes in Motion has been really wonderful for our whole family. From how inclusive it is and how supportive and terrific you've been!" – *The Neighborhood School, Manhattan*

"The Notes in Motion dance program had a positive impact, and we would love to be a part of it again. Seeing all the children enjoy themselves through this form of expression was delightful." – *PS 290, Queens*



Notes in Motion School Year 2022-23 Student Reflections

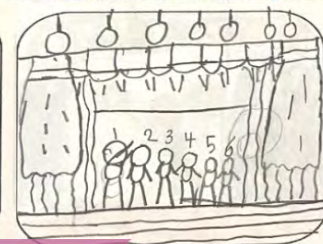
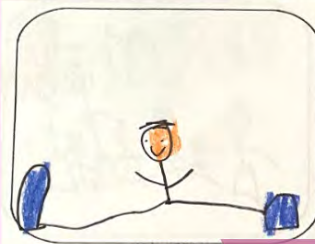
"I loved the new experience. It really helped me break out of my comfort zone. The dances were fun to learn and enjoyable. When learning the Chorus Line and all the Jazz, I wasn't exactly confident about myself, but as time come by, I started to become more"

- 5th grader from PS 78X

What are your favorite things you learned in dance class?

Jazz Square

step 1 → Step 2
↑
step 4 ← step 3



I Love it so much
when im sad
i dance it helps me.

When you dance,
how do you feel?

When you dance, how do you feel? Write or draw your feelings:
when I dance, I feel calm and relaxed. I automatically begin inhaling and exhaling slowly, making me feel full of energy, yet still calm.



Please share three words to describe what dance means to you:

~ Embracing Art
~ Letting yourself to be free
~ Being flexible with music and culture

How did your dance piece connect to...

Notes in Motion

School Year 2022-23
Classroom Teacher
Reflections

It was beautiful to see students step outside their comfort zone and try new skills within dance. A lot of students persisted, even when they felt challenged and wanted to sit out of dance. They pushed themselves physically and mentally. -PS 63M Classroom Teacher



We've recently become a Magnet School for Engineering and Design. This dance experience has helped merge/connect the concepts of engineering and design. Choreography is about breaking a dance down into the basic elements, like the shapes you make with your body, the spaces you occupy as you move about the stage, and the timing—rhythmic or not—of your movements. Our students learned to build and design through to create meaning through dance. - PS 44K Assistant Principal



Their experience in dance impacted their learning in other areas by using the non-verbal communication skills to communicate with each other, how to collaborate with others, and how to move their bodies around in different ways.

- PS 78X Classroom Teacher

"My students really enjoyed the dance program and were extremely excited to perform. Ms. Julia was patient, and kind. As a Special Education teacher, I was thoroughly impressed with the experience she had with different kind of learners. They learned how to better collaborate. Learn routines and patterns. Incorporate and remember new ideas." - PS 41X Classroom Teacher

Notes in Motion School Year 2022-23 Family Reflections

Please describe something you learned or a memorable moment from Notes in Motion's Community Program.

The memorable moment for my husband and I was the connection of school community through dance.

Notes in Motion's Dance program had a very emotional/outstanding growth in my daughter's daily activities. She has become more active, playful, and very interactive w/ other people.



"Notes in Motion's dance program has done wonders for my child's self esteem and gave her confidence to stand in front of a crowd and perform." - PS 78X Parent

Please share some observations of new skills your child acquired or relevant person growth from their experience.

She learned how she can have fun and be active at home. She spends more time dancing now than she spends on a screen.

The NIM dance program has turned our living room into a dance studio. Our daughter showed so much excitement for this program and it has given her one more thing to look forward to. I definitely recommend this program continue for many years to come." - PS 63M Parent



Education Ensemble

Laura Ardner, Andrea Andresakis, Julia Armour
Arianna Ballabio, Rohan Bhargava, Brianna
Biffignano, Mikayla Bunn, Sabrina Canas, Beatriz
Castro, Janet Cesarotti, Lydia Crozier, Hannah
DeFranzo, Whitney Derman, Rosetta Fair, Sabina
Fritz, Rachel Gary, Aimee Grumbach, Zay
Harold, Frances Heintzelman, Joe Heitman, Eilish
Henderson, Charlotte Horst Baldiviez, Dustin
James, Lorena Jaramillo, Lindsey Jennings, Jalen
Jones, Iren Kamyshev, Isaac Kerr, Nami Kim,
Renata Pereira Lima, Marius Malinovschim, Jade
Manns, Rachel Marchica, Jared Martin, Lily
McAteer, Samantha McLoughlin, Raven McRae,
Elyse Mertz, Rosie Jo Neddy, Elya Osmanova,
Vera Paganin, Kiara Paige, Makayla Peterson, Nia
Pretto, Rebekah Pryce, Bailey Randolph, Amanda
Rios, Mary Rogers, Erke Roosen, Manuela Sanchez,
Emily Schwartz, AJ Sharp, Anders Southerland,
Elena Sundick, Lesley Vargas, Nayanika Vyas,
Cecilia Whalen, Madison Williams, Haley Edgar
Yegorov

Photographers

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Administrative Staff

Amanda Selwyn, Artistic/Executive Director
Alana Marie Urda, Director of Education
Milan Agnew, Marketing Director
Janet Cesarotti, Development/Program Associate
Ashley McQueen, Assistant to the Artistic Director
Bailey Randolph, Lead Teaching Artist
Erke Roosen Castelluzzo, After-School Site Director
Emily Schwartz, Lead Teaching Artist

Board of Directors

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Marie Etienne, Secretary
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Notes in Motion

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notesinmotion.org